

## TENNIS COACHING PROGRAMME

### Course Application Form

Please complete this application form in block capitals and return it as soon as possible to:- Lesley Whitehead, Tennis Manager, West Bridgford Tennis Club, Little Bounds, Off Wilford Lane, West Bridgford, Nottingham, NG2 7QA. Tel: 0115 9811699.

Junior courses are only for members of West Bridgford Tennis Club. Those attending Green/Beginner courses must be junior members of the club. Adult courses are open to non-members.

**Special Offer:** If two children from the same family attend courses, (not Club Masters) we offer a 20% reduction on the lowest priced course fee

Name: .....

Address: .....

..... Post code: .....

Tel.No: .....Mobile: .....

D.O.B (juniors): .....Age: .....

Course Applying For: .....

Is this the same course as last term? Yes / No

Are you applying for a transfer to another course? Yes / No

Payment may be made by cash, debit card or cheque (made payable to WBTC).  
Please note, payment must be made in full with this application form.

Do you suffer from any medical condition which the coach should be aware of?

.....

**In the event of an absent parent/guardian, a parent/guardian signature on this application form will authorise such emergency medical treatment as may be recommended by an approved medical authority.**

Do you consent to your child being videoed as a teaching aid and possibly photographed for publicity purposes? Yes / No (please circle)

Signature: .....

#### West Bridgford Tennis Club facilities include:

- \* 3 indoor courts, 3 floodlit acrylic courts and 3 floodlit artificial grass courts.
- \* Two-storey pavilion with reception, lounge, dining area, licensed bar and catering.
- \* Games & meeting room.
- \* Gymnasium, sauna & steam room.
- \* Changing rooms with showers.
- \* Sun & barbecue terrace.

The club has a lift to all floors, wheelchair access to courts and pavilion and on site parking.

Visit our web site on [www.west-bridgford-tennis-club.co.uk](http://www.west-bridgford-tennis-club.co.uk)

## Junior Tennis Courses

## Ref. No.

Refer to course details on back page.

### Green/Beginner Level 2 10-13 yrs – 10 weeks

Tuesday 4-30pm to 5-30pm (outdoor)  
Dates: May 3,10,17,24; June 7,14,21,28 July 5,12;

G1

### Green/Beginner Level 2 10-13 yrs – 10 weeks

Friday 5-30pm to 6-30pm (outdoor)  
Dates: May 6,13,20,27; June 10,17,24; July 1,8,15;

G2

### Green/Beginner Level 3 10-13 yrs – 9 weeks

Saturday 11-00am to 12-00pm (indoor)  
Dates: May 7,14,21; June 4,11,18,25; July 2,9;

G3

### Green/Beginner Level 2 10-13 yrs – 9 weeks

Saturday 12-00pm to 1-00pm (indoor)  
Dates: May 7,14,21; June 4,11,18,25; July 2,9;

G4

### Beginner 11-13 yrs—9 weeks

Sunday 10-00am to 11-00am (indoor)  
Dates: May 8,15,22; June 5,12,19,26; July 3,10;

J1

### Beginner/Improver 13+ yrs—10 weeks

Wednesday 4-30pm to 5-30pm (outdoor)  
Dates: May 4,11,18,25; June 8,15,22,29; July 6,13;

J2

### Improver 11—15 yrs – 9 weeks

Monday 4.30 pm – 5.30 pm (outdoor)  
Dates: May 9,16,23; June 6,13,20,27; July 4,11;

J3

### Improver 11—15 yrs – 10 weeks

Tuesday 5.30 pm – 6.30 pm (outdoor)  
Dates: May 3,10,17,24; June 7,14,21,28 July 5,12;

J3a

### Improver Plus 11—15 yrs – 10 weeks

Wednesday 4.30 pm – 5.30 pm (outdoor)  
Dates: May 4,11,18,25; June 8,15,22,29; July 6,13;

J4

### Advanced Improver 11 – 15 yrs – 10 weeks

Thursday 5-30pm to 6-30pm. (outdoor)  
Dates: May 5,12,19,26; June 9,16,23,30; July 7,14;

J5

### Match Teenage Squad – 10 weeks

Wednesday 5-30pm to 6-30pm. (outdoor)  
Dates: May 4,11,18,25; June 8,15,22,29; July 6,13;

J6

### Cost: Course J3 is £39-60 for 9 weeks outdoor

Courses G3, G4 and J1 are £44-10 for 9 weeks indoor

Courses G1, G2, J2, J3a, J4, J5 & J6 are £44-00 for 10 weeks outdoor

### Priority Rebooking Period

Players currently on the coaching programme have priority to rebook before we offer places to reserves. During the priority rebooking period you can either book your child back in to the same class they are currently in or you can apply for them to transfer into a new class level / day / time. The transfer applications will be processed collectively at the end of the priority booking period. No places can be reserved without completed paperwork and payment. After this date spare places will be allocated to reserves. Priority Rebooking period—Forms to be in with payment by Sunday 3rd April  
Those applying to transfer will be notified week beginning Monday 4th April

## Adult Tennis Courses

## Ref. No

<b>Improver Plus—Match play based</b>	<b>9 weeks</b>	
Monday 12-30pm to 1-30pm	(indoor)	A1
Dates: May 9,16,23; June 6,13,20,27; July 4,11;		
Cost: £45 –00 – members of WBTC £55–00 – non members		
<b>Improver</b>	<b>9 weeks</b>	
Monday 1-30pm to 2-30pm	(indoor)	A2
Dates: May 9,16,23; June 6,13,20,27; July 4,11;		
Cost: £45 –00 – members of WBTC £55 –00 – non members		
<b>Beginner</b>	<b>10 weeks</b>	
Thursday 2-00pm to 3-00pm	(indoor)	A3
Dates: May 5,12,19,26; June 9,16,23,30; July 7,14;		
Cost: £50 –00 – members of WBTC £60–00 – non members		
<b>Improver</b>	<b>10 weeks</b>	
Wednesday 6-30pm to 7-30pm	(indoor)	A4
Dates: May 4,11,18,25; June 8,15,22,29; July 6,13;		
Cost: £50-00 – members of WBTC £60-00 – non members		
<b>Beginner</b>	<b>10 weeks</b>	
Wednesday 7-30pm to 8-30pm	(indoor)	A5
Dates: May 4,11,18,25; June 8,15,22,29; July 6,13;		
Cost: £50-00 – members of WBTC £60-00 – non member		
<b>Advanced Improver</b>	<b>10 weeks</b>	
Thursday 6-30pm to 7-30pm	(indoor)	A6
Dates: May 5,12,19,26; June 9,16,23,30; July 7,14;		
Cost: £50-00 – members of WBTC £60-00 – non members		
<b>Improver</b>	<b>10 weeks</b>	
Thursday 7-30pm to 8-30pm	(indoor)	A7
Dates: May 5,12,19,26; June 9,16,23,30; July 7,14;		
Cost: £50-00 – members of WBTC £60-00 – non members		
<b>Cardio Tennis</b>	<b>10 weeks</b>	
Thursday 11-00am to 12-30pm	(outdoor)	A8
Dates: May 5,12,19,26; June 9,16,23,30; July 7,14;		
Cost: £67-50 – members of WBTC £77-50 – non members		

### Course Details

- \* All courses run for 9 or 10 weeks unless stated otherwise.
- \* All courses are taken by LTA qualified coaches.
- \* Payment for each course MUST be made in the pre-booking period for existing members and prior to the start of the course for new members. Courses book up quickly so fill in your application form, with payment, to guarantee a place.
- \* Junior courses are only for members of West Bridgford Tennis Club.
- \* Adult courses are open to non-members.
- \* In the case of inclement weather, NO Junior lessons will be cancelled. A suitable tennis related activity will be held instead. If an adult lesson has to be cancelled, then an extra lesson will be added at the end of the course.
- \* If you are not sure which course would be most suitable for you, then see Lesley Whitehead.
- \* Course prices include indoor court hire if applicable.

Visit our web site on [www.west-bridgford-tennis-club.co.uk](http://www.west-bridgford-tennis-club.co.uk)

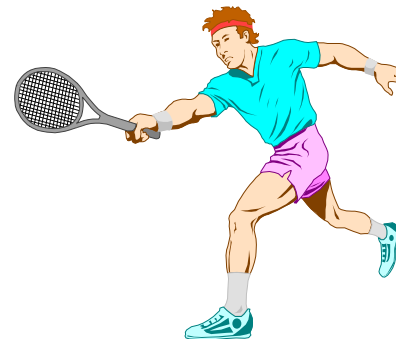


# West Bridgford Tennis Club

# Summer Tennis Coaching Programme

For Mini Tennis Red & Orange Courses &  
Under 5's co-ordination classes see  
Notts Mini Tennis Club Programme

## Starts Tuesday 3rd May



Little Bounds  
off Wilford Lane  
West Bridgford  
Nottingham  
NG2 7QA  
Tel: 0115 9811699